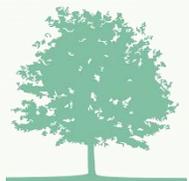




HCRS Testimony

George Karabakakis, Ph.D., CEO

February 21, 2018



Providing Parity for Mental Health

Commentary on DMH Budget

To Reduce Avoidable ER Services at Brattleboro Memorial Hospital

Proposed Street Outreach Collaboration

By the Numbers

We are experiencing significant overutilization of ER services:

- 56% avoidable¹
- 18% with a mental health condition²
- 55% increase in psych visits³

1. Weinich, RM, Billing J, Thorpe, JM. (NEHI)

2. Kaiser Family Foundation

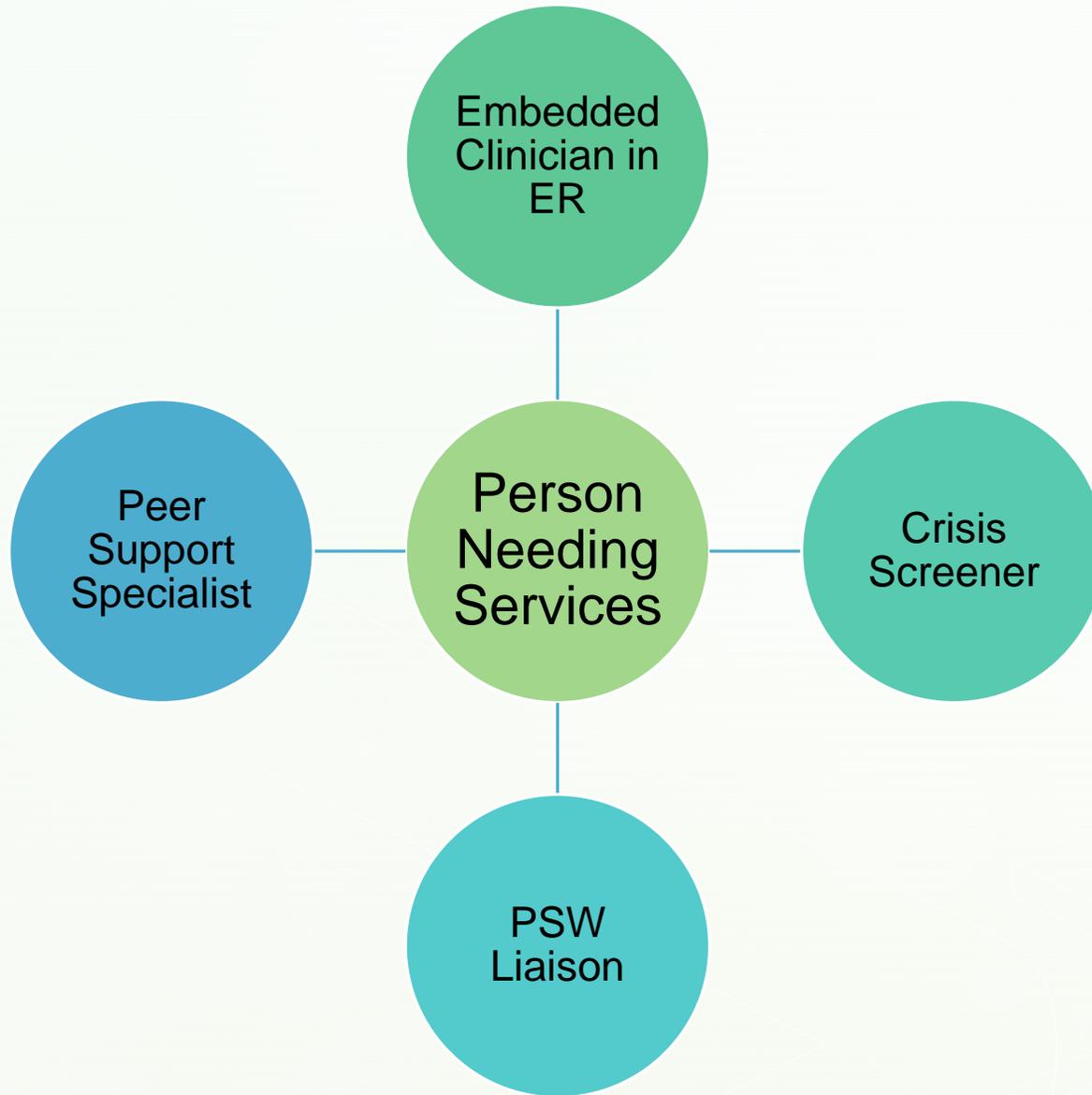
3. Reforming Vermont's Mental Health System Report to the Legislature on the Implementation of Act 82, December 15, 2017.

Program Design

Interrupting the Cycle of Avoidable ER Utilization

- Identify high ER utilizers
- Develop a collaborative, integrative approach
- Provide case management and supports including supportive housing, employment and issues impacting the social determinants of health
- Coordinate services and consult with HCRS medical staff
- Identify individuals who aren't accessing mental health services
- Peer support services
- Coordinate a shared care plan with each participant to ensure engagement in services as part of an “assertive community treatment approach”
- Street outreach – Police Social Work liaison

Key Roles



Social Determinants of Health



Health Outcomes:

- Mortality
- Morbidity
- Life Expectancy
- Health Care Expenditures
- Health Status
- Functional Limitations

Peer Support Services

- Built upon the success of our Peer Recovery Program
- Similar life experiences
- Relate to feelings of oppression, marginalization, stigma, and hopelessness
- Increase client engagement
- Advocate for client needs or interests

HCRS Police Liaison Program

- Started in 2003
- Street outreach
- Collaboration with organizations supporting the homeless
- Support to homeless individuals who have police involvement and referral
- Access to emergency housing and necessities
- Contact and support to business community
- Approximately 500 adults and 300 children served by the Program in FY17

Questions

